



## **Coach Kevin-Dwayne's Virtual Training Information & Pricing Chart 2021**

### **12 Week Program**

\$450 Per Month

#### **TRAINING INCLUDES:**

5 Days Workout Split Per Week (Average of 20 Per Month)

Customized Meal Plan (Includes Necessary Macronutrient Breakdown)

Healthy Eating Meal Plan Guide

Customized Program for Your Specific Goals

Weekly Check-In (Email & Text)

Bi-Weekly Virtual Check-In (FaceTime or Another Mobile Phone APP)

Video Demonstration of More Complex Exercises (Others Via Mobile Exercise App) Certified Professional Coaching, Support, and Motivation

EFT Monthly Pay Plan\*\*

**\*The monthly payment plan requires a one-time \$100 Deposit. This will be deducted from your last month of training. If the program is ended early deposit is not refunded. If you choose to pay the total upfront the deposit isn't required.**

**\*\*EFT Monthly billing is required for the 24-week plan unless the program is paid in full. The form will be provided to set -up. If payment is not made/declined/rejected through EFT billing, and or if EFT payment is late, the client will not receive the next set of workouts and will be charged a \$10 late/declined fee until the account is brought current. Early termination of any program requires 30 days' written notice. Deposit is not refunded for programs that are terminated early.**