

# Coach Kev's 2021 Fitness & Wellness Program Pricing

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**Coach Kevin-Dwayne Offers Shared Time Sessions**

**1-on-1 Sessions Are Limited & At A Different Rate Inquire Specifically**

## Shared Time Session – 50 Minutes Sessions + Customize Meal Plan

Shared time sessions are sessions times shared with “up to 2” additional Persons. Each person will be trained and work on “their specific” goals and exercises. This package allows for more flexibility in scheduling and pricing. This is not a group session but allows for others to be trained by Coach Kev at the same time.

Number of Months	Price Per Month	Total Number of Sessions Per Month	Price Per Session
12 Months 2 Session Per Week & 1 Customized Meal Plan	\$300	8 Plus 2 Group Class Access Per Week*	\$37
12 Months 3 Sessions Per Week & 1 Customized Meal Plans	\$380	12 Plus 1 Group Class Access Per Week*	\$32
6 Months 2 Sessions Per Week & 1 Customized Meal Plan	\$340	8 Plus 2 Group Class Access Per Week*	\$42
6 Months 3 Sessions Per Week & 1 Customized Meal Plan	\$560	12 Plus 1 Group Class Access Per Week*	\$47
3 Months 2 Sessions Per Week & 1 Customized Meal Plan	\$400	8	\$50
3 Month 3 Sessions Per Week & 1 Customized Meal Plan	\$660	12	\$55

**Shared time persons will be trained for their own goals and fitness levels.**

**Group Sessions Are Optional\***

**One-On-One Drop-In Session 50-Minute Hourly Rate: \$75**

**Training Program Highlights:**

- Plans Offer Longer Consistency for Optimal Results
- **Convenient Monthly Pay Plan Required If Not Paying in Full (Requires \$30 Set Up Fee for EFT Billing)**
- Individualized Fitness Program for your Specific Goals
- Training Outline for What to Do When Not with Trainer
- **Customized Meal Plan for Your Specific Dietary Requirements**
- Nutrition Coaching
- 3 Weekly Informational Text Alerts
- Progress Check-In
- Best Value for Your Money
- Wellness Coaching Support
- Accountability, Support, and Motivation from an Actively Certified Professional

**\*Set up fee is only added for the monthly payment of programs.**

***The fee is waived for programs paid in full upfront.***

**Sessions are scheduled at the client and trainers mutual agreed upon time. There are no **makeup sessions for any missed/cancelled sessions**. Client must pre-arrange schedule changes for travel. Training/Billing Programs can be cancelled at any time with written notice of 30 days depending on term length. However, billing will continue through the cancellation notice period. 3 Month programs are not given a cancellation option.**